

## Training Course on Traditional Chinese Medicine Diagnosis and Treatment Techniques for Developing Countries

Name	Training Course on Traditional Chinese Medicine Diagnosis and Treatment Techniques for Developing Countries		
Organizer	China Academy of Chinese Medical Sciences		
Time	2023-11-30 -- 2023-12-20	Language for Learning	English
Invited Countries	Developing countries		
Number of Participants	30		
Requirements for the Participants	Age	Under 45 for officials at or under director's level; under 50 for officials at director general's level.	
	Health	In good health with health certificate issued by the local public hospitals; without diseases with which entry to China is disallowed by China's laws and regulations; without severe chronic diseases such as serious high blood pressure, cardiovascular/cerebrovascular diseases and diabetes; without metal diseases or epidemic diseases that are likely to cause serious threat to public health; not in the process of recovering after a major operation or in the process of acute diseases; not seriously disabled or pregnant.	
	Language	Capable of listening, speaking, reading and writing in English during the training	
	others	Family members or friends shall not follow	
Host City	Beijing	Local Temperature	0°C-3°C
Cities to visit	Chengdu City, Deyang City	Local Temperature	5°C-10°C, 5°C-10°C
Notes	None		
Contact of the Organizer	Contact Person(s)	Mr.null null, Ms.null null, Ms.null null	
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About the Organizer	<p>Hospital profile: The first large-scale traditional Chinese medicine hospital established after the founding of China. The modern comprehensive grade-A first-class Chinese medicine hospital, integrating medical treatment, scientific research, education and health care, ranking the top three in the competitiveness of Chinese hospitals (TCM hospitals) for three consecutive years. It has a complete internal and external department of gynecology and pediatrics, and 35 clinical departments include 8 national-level key specialties. The hospital possesses National Clinical Research Center for Cardiovascular Diseases of Traditional Chinese Medicine, National Engineering Laboratory for Clinical Efficacy and Safety Evaluation of Traditional Chinese Medicine, and other clinical research platforms, the ability of research and study is enormous. The hospital serves as the Peking University Clinical School of Traditional Chinese Medicine, the Beijing University of Chinese Medicine School of Medicine, and the education base of “Western Learning Chinese Class” of the National Health and Health Commission, contributing for the education of traditional Chinese medicine talents for a long period.</p> <p>Experience in Traditional Chinese medicine training: Xiyuan Hospital has undertaken the first foreign aid training program sponsored by the Ministry of Commerce of the People's Republic of China from 2010. A total of 54 foreign aid training courses have been completed, more than 1,900 trainees are trained. It Good reviews from business offices. The training course had good reviews by the trainees and foreign businessmen. Up to now, Xiyuan Hospital has successfully held 8 foreign aid training programs, with complete teaching equipment and experienced management personnel. Xiyuan Hospital owns its teaching platform, which can upload courses for students to watch repeatedly. At the same time, the platform also has the functions of attendance record, assessment, and question and answer, which can ensure the smooth implementation of online projects.</p>	

<p style="text-align: center;">Seminar Content</p>	<p>Main activities of the project include thematic lectures, seminars and visits. We will fully and effectively carry out multi-level and multi-angle medical aid cooperation projects for foreign aids, so as to introduce the basic theoretical knowledge and the diagnostic and therapeutic methods of traditional Chinese medicine (TCM), as well as the advantages and characteristics of TCM rehabilitation techniques, and make them understand the clinical application and efficacy of TCM acupuncture and moxibustion, characteristic therapies for dominant diseases, and the research results in terms of development status of traditional Chinese medicine.</p> <p>Major courses include:</p> <ol style="list-style-type: none"> <li>a.National condition and culture of China: Introduce the development of China's politics, society and history to the students.</li> <li>b.Overview of TCM Theory: Introduce the basic theory of TCM, the five elements, yin and yang, and the theory of qi and blood.</li> <li>c.Chinese medical knowledge and health care methods: Introduce the development and origin of Chinese medicine, the concept of life health and health care in Chinese medicine, and the practical knowledge of health care and disease prevention in Chinese medicine.</li> <li>d.Development frontier of TCM Appropriate Technology: Introduce the combination use of acupuncture technology and modern insulating needle technology in the treatment of rhinitis and inflammation.</li> <li>e.Anti-epidemic international cooperation in China: Introduce the history of China's anti-epidemic achievements, especially the role of traditional Chinese medicine in the prevention and treatment of COVID-19. Introduce China's anti-epidemic experience and international anti-epidemic cooperation.</li> <li>f.The techniques of nursing in Chinese medicine: Introduce a series of nursing techniques in Chinese medicine, including moxibustion, acupuncture, stone needle, and health care physical exercises.</li> <li>g.Introduction to the basic knowledge of traditional Chinese medicine acupuncture and moxibustion: Describe the basic knowledge of acupuncture, moxibustion and their specific operating procedure, and preliminarily introduce the operating methods, clinical applications and working principles of various acupuncture techniques.</li> <li>h.Clinical application of acupuncture and moxibustion therapy in traditional Chinese medicine: By observing the acupuncture and moxibustion treatments carried out in clinical departments, students will be introduced to the practical application of acupuncture and moxibustion in the treatment of cardiovascular diseases, eye diseases, gynecological and other diseases</li> <li>i.TCM massage manipulation: Introduce the content, mode of action and study methods of massage manipulation to the students; be familiar with the origin and development of massage manipulation; master the basic knowledge and basic operation requirements of massage manipulation.</li> <li>j.Rehabilitation methods of traditional Chinese medicine: the methods and means of rehabilitation commonly used in traditional Chinese medicine mainly include mental rehabilitation.</li> </ol> <p>2. Introduction to the training course</p> <p>The topics of the seminar are initially set as:</p> <p>Experience exchange of traditional Chinese medicine against COVID-19.</p> <ol style="list-style-type: none"> <li>a.The main points of holistic nursing and dialectical nursing in traditional medicine.</li> <li>b.Current situation of medical and health care in developing countries: Introduce the common medical and nursing problems in developing countries, as well as the practical ideas of combination use and equal stress of traditional Chinese medicine and Western medicine.</li> <li>c.Discuss the diagnosis and treatment methods of internal diseases, introduce the ideas and auxiliary methods of integrated traditional Chinese and Western medicine in the diagnosis and treatment of cardiovascular diseases, digestive system diseases and other internal diseases.</li> <li>d.Nursing methods of modern medicine: introduce the importance of nursing in modern medicine, and introduce the nursing methods of outpatient, inpatient and surgical patients with case teaching.</li> <li>e.Introduce the integrated particular therapy of traditional medicine and western medicine: taking acupoint injection as an example.</li> <li>f.Application of new technologies in traditional medicine.</li> </ol>
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